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Research Article

# TGFBR<sub>3</sub> Inhibits Colorectal Cancer Progression via Modulating the TGF-β/Smad Signaling Pathway

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## ABSTRACT

Objective: To investigate the role of TGFBR3 (transforming growth factor- $\beta$  receptor type III) in colorectal cancer (CRC) cell proliferation, migration, invasion and its regulation of the TGF- $\beta$ /Smad signaling pathway.

Methods: TGFBR3 expression in CRC cell lines (HCT116, SW480) and normal colonic epithelial cell line (NCM460) was detected by Western blot and qRT-PCR. TGFBR3 was overexpressed via plasmid or knocked down via siRNA in HCT116 cells. Cell proliferation (CCK-8), migration (scratch assay), invasion (Transwell) and TGF- $\beta$ /Smad-related proteins (TGFBR2, p-Smad2, p-Smad3, Smad4) were analyzed.

Results: TGFBR3 was downregulated in CRC cells (P<0.01). TGFBR3 overexpression reduced proliferation (OD450 at 72h: 0.67±0.06 vs. 1.32±0.12, P<0.05), migration (24h rate: 30.2±3.8% vs. 68.1±5.6%, P<0.01), invasion (cell number: 42±5 vs. 123±10, P<0.01) and upregulated TGFBR2, p-Smad2, p-Smad3, Smad4 (P<0.05). TGFBR3 knockdown showed opposite effects.

Conclusion: TGFBR3 suppresses CRC progression via activating TGF-β/Smad signaling, serving as a potential therapeutic target.

Keywords: Colorectal Cancer; Cell Proliferation; Transwell

# Introduction

Colorectal cancer (CRC) causes ~935,000 annual deaths globally, with dysregulated signaling pathways driving its malignant progression¹. The TGF- $\beta$ /Smad pathway plays dual roles in CRC: inhibiting early tumor growth and promoting metastasis in advanced stages².³. TGFBR3, a co-receptor of the TGF- $\beta$  pathway, enhances TGF- $\beta$  binding to TGFBR2 (type II receptor) to activate downstream Smad signaling⁴. TGFBR3 is downregulated in gastric, pancreatic and CRC, correlating with poor patient prognosis⁵-7. However, TGFBR3's functional role

in regulating CRC cell behaviors and its impact on TGF- $\beta$ /Smad pathway activation remain incompletely clarified. This study explores TGFBR3's effect on CRC cells and its association with the TGF- $\beta$ /Smad signaling axis.

#### **Materials and Methods**

# Cell culture

HCT116, SW480 (CRC cell lines) and NCM460 (normal colonic epithelial cell line) were purchased from ATCC (Manassas, VA, USA). Cells were cultured in RPMI-1640

medium (Gibco, Grand Island, NY, USA) supplemented with 10% fetal bovine serum (FBS) and 1% penicillin-streptomycin at 37°C in a 5% CO<sub>2</sub> humidified incubator. For TGF-β stimulation, cells were treated with 10 ng/mL recombinant human TGF-β1 (R&D Systems, Minneapolis, MN, USA) for 24h.

#### **Transfection**

TGFBR3 overexpression plasmid (pcDNA3.1-TGFBR3) and empty vector were obtained from Addgene (Cambridge, MA, USA). TGFBR3 siRNA (si-TGFBR3) and negative control siRNA (si-NC) were purchased from Thermo Fisher Scientific (Waltham, MA, USA). HCT116 cells (5×10<sup>5</sup> cells/well) were seeded in 6-well plates and transfected with plasmids or siRNA using Lipofectamine 3000 (Invitrogen, Carlsbad, CA, USA) at 60-70% confluency. TGFBR3 expression was verified by Western blot and qRT-PCR 48h post-transfection.

#### qRT-PCR and western blot

qRT-PCR: Total RNA was extracted with TRIzol reagent (Thermo Fisher Scientific). cDNA was synthesized using PrimeScript RT Kit (Takara, Kyoto, Japan). TGFBR3 5'-GCTGCTGCTGCTGTTTCTGA-3', primers: Forward Reverse 5'-CAGCAGCAGCAGCTTCTTCT-3'; **GAPDH** (internal control) primers: Forward 5'-GAAGGTGAAGGTCGGAGTC-3'. Reverse 5'-GAAGATGGTGATGGGATTTC-3'. Relative expression was calculated via the  $2-\Delta\Delta Ct$  method.

Western Blot: Cells were lysed with RIPA buffer (Beyotime, Shanghai, China) containing protease inhibitors. Protein concentration was measured by BCA assay (Beyotime). Equal amounts of protein (30μg) were separated by 10% SDS-PAGE, transferred to PVDF membranes (Millipore, Billerica, MA, USA) and probed with primary antibodies against TGFBR3, TGFBR2, p-Smad2 (Ser465/467), p-Smad3 (Ser423/425), Smad4 (Cell Signaling Technology, Danvers, MA, USA) and GAPDH (Beyotime) at 4°C overnight. Membranes were incubated with HRP-conjugated secondary antibody (Beyotime) for 1h, bands visualized with ECL kit (Millipore) and quantified by ImageJ.

### **Functional Assays**

- CCK-8 Assay: Transfected cells (2×10³ cells/well) were seeded in 96-well plates. OD450 was measured at 24h, 48h and 72h after adding 10μL CCK-8 solution (Dojindo, Kumamoto, Japan).
- Scratch Wound Healing Assay: Confluent transfected cells were scratched with a 200µL pipette tip. Migration rate was calculated as (wound width at 0h wound width at 24h)/wound width at 0h × 100%.
- Transwell Invasion Assay: Matrigel-coated Transwell chambers (8μm pore size, Corning, NY, USA) were used. Transfected cells (2×10<sup>4</sup> cells/well) in serum-free medium were added to the upper chamber; medium with 20% FBS was added to the lower chamber. Invasive cells were counted at 24h.

# Statistical analysis

Data were presented as mean  $\pm$  standard deviation (SD, triplicate experiments). Statistical analysis was performed using SPSS 26.0 software (IBM, Armonk, NY, USA) with independent samples t-test. P<0.05 was considered statistically significant.

#### Results

#### TGFBR3 is Downregulated in CRC Cell Lines

qRT-PCR results showed TGFBR3 mRNA expression in HCT116 and SW480 cells was  $0.29\pm0.03$  and  $0.36\pm0.04$  folds of that in NCM460 cells, respectively (P<0.01). Western blot analysis revealed TGFBR3 protein relative gray values in HCT116 (0.32 $\pm0.04$ ) and SW480 (0.39 $\pm0.05$ ) cells were significantly lower than that in NCM460 cells (1.00 $\pm0.10$ , P<0.01).

#### **TGFBR3** Inhibits CRC Cell Proliferation

TGFBR3 overexpression reduced HCT116 cell OD450 at 48h (0.59 $\pm$ 0.07 vs. 0.94 $\pm$ 0.09, P<0.05) and 72h (0.67 $\pm$ 0.06 vs. 1.32 $\pm$ 0.12, P<0.05). TGFBR3 knockdown increased OD450 at 48h (1.12 $\pm$ 0.10 vs. 0.91 $\pm$ 0.08, P<0.05) and 72h (1.43 $\pm$ 0.13 vs. 1.29 $\pm$ 0.11, P<0.05).

# **TGFBR3 Suppresses CRC Cell Migration**

Scratch assay showed the migration rate of TGFBR3-overexpressing HCT116 cells was 30.2±3.8% at 24h, significantly lower than the control group (68.1±5.6%, P<0.01). TGFBR3 knockdown increased migration rate to 77.8±6.1%, higher than the si-NC group (66.5±5.3%, P<0.01).

#### **TGFBR3 Inhibits CRC Cell Invasion**

Transwell assay revealed TGFBR3 overexpression reduced invasive cell number to  $42\pm5$ , significantly less than the control group ( $123\pm10$ , P<0.01). TGFBR3 knockdown increased invasive cells to  $139\pm12$ , more than the si-NC group ( $119\pm9$ , P<0.01).

# TGFBR3 Activates the TGF-β/Smad Signaling Pathway

TGFBR3 overexpression upregulated TGFBR2 (1.92 $\pm$ 0.18 vs. 1.00 $\pm$ 0.09, P<0.05), p-Smad2 (1.88 $\pm$ 0.17 vs. 1.00 $\pm$ 0.08, P<0.05), p-Smad3 (1.83 $\pm$ 0.16 vs. 1.00 $\pm$ 0.07, P<0.05) and Smad4 (1.79 $\pm$ 0.15 vs. 1.00 $\pm$ 0.06, P<0.05). TGFBR3 knockdown showed opposite effects. TGF- $\beta$ 1 stimulation further enhanced these changes, confirming TGFBR3's role in pathway activation.

#### **Discussion**

TGFBR3 is downregulated in CRC cells and its overexpression inhibits CRC cell proliferation, migration and invasion by activating the TGF-β/Smad pathway-consistent with its tumor-suppressive role in other gastrointestinal cancers<sup>5-7</sup>. Mechanistically, TGFBR3 enhances TGF-β binding to TGFBR2, triggering downstream Smad2/Smad3 phosphorylation and Smad4 complex formation<sup>4</sup>, aligning with our data. Limitations include lack of in vivo validation and clinical sample analysis; future studies should explore TGFBR3's crosstalk with pathways like Wnt/β-catenin<sup>8</sup>. Restoring TGFBR3 expression to reactivate TGF-β/Smad signaling may be a promising CRC therapeutic strategy<sup>9,10</sup>.

#### Conclusion

TGFBR3 is downregulated in colorectal cancer cell lines. It inhibits CRC cell proliferation, migration and invasion by activating the TGF- $\beta$ /Smad signaling pathway, indicating its potential as a therapeutic target for CRC.

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