

# TGF- $\beta$ <sub>3</sub> Promotes Colorectal Cancer Progression via Activating the TGF- $\beta$ /Smad Signaling Pathway

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## ABSTRACT

**Objective:** To investigate the role of TGF- $\beta$ <sub>3</sub> (transforming growth factor- $\beta$ <sub>3</sub>) in colorectal cancer (CRC) cell proliferation, migration, invasion, and its regulation of the TGF- $\beta$ /Smad signaling pathway.

**Methods:** TGF- $\beta$ <sub>3</sub> expression in CRC cell lines (HCT116, SW480) and normal colonic epithelial cell line (NCM460) was detected by Western blot and qRT-PCR. TGF- $\beta$ <sub>3</sub> was overexpressed via plasmid or knocked down via siRNA in HCT116 cells. Cell proliferation (CCK-8), migration (scratch assay), invasion (Transwell), and TGF- $\beta$ /Smad-related proteins (T $\beta$ RII, p-Smad2, p-Smad3, Smad4) were analyzed.

**Results:** TGF- $\beta$ <sub>3</sub> was upregulated in CRC cells ( $P < 0.01$ ). TGF- $\beta$ <sub>3</sub> overexpression increased proliferation (OD<sub>450</sub> at 72h:  $1.37 \pm 0.12$  vs.  $0.90 \pm 0.08$ ,  $P < 0.05$ ), migration (24h rate:  $70.8 \pm 5.8\%$  vs.  $42.2 \pm 4.1\%$ ,  $P < 0.01$ ), invasion (cell number:  $126 \pm 10$  vs.  $54 \pm 6$ ,  $P < 0.01$ ), and upregulated T $\beta$ RII, p-Smad2, p-Smad3 ( $P < 0.05$ ). TGF- $\beta$ <sub>3</sub> knockdown showed opposite effects.

**Conclusion:** TGF- $\beta$ <sub>3</sub> promotes CRC progression via activating TGF- $\beta$ /Smad signaling, serving as a potential therapeutic target.

**Keywords:** Colorectal Cancer; Cell Proliferation; Transwell

## Introduction

Colorectal cancer (CRC) causes ~935,000 annual deaths globally, with dysregulated signaling pathways driving its malignant progression<sup>1</sup>. The TGF- $\beta$  superfamily (TGF- $\beta$ <sub>1/2/3</sub>) plays context-dependent roles in CRC: TGF- $\beta$ <sub>1</sub> often suppresses early tumors, while TGF- $\beta$ <sub>3</sub> tends to enhance advanced CRC invasiveness by activating pro-metastatic signaling<sup>2,3</sup>. TGF- $\beta$ <sub>3</sub> binds T $\beta$ RII (type II receptor) to form a complex with T $\beta$ RI, triggering Smad2/Smad3 phosphorylation and downstream oncogenic gene expression<sup>4</sup>. TGF- $\beta$ <sub>3</sub> is upregulated in gastric,

pancreatic, and CRC, correlating with lymph node metastasis and poor prognosis<sup>5-7</sup>. However, TGF- $\beta$ <sub>3</sub>'s functional role in regulating CRC cell behaviors and its impact on TGF- $\beta$ /Smad pathway activation remain incompletely clarified. This study explores TGF- $\beta$ <sub>3</sub>'s effect on CRC cells and its association with the TGF- $\beta$ /Smad signaling axis.

## Materials and Methods

### Cell culture

HCT116, SW480 (CRC cell lines), and NCM460 (normal

colonic epithelial cell line) were purchased from ATCC (Manassas, VA, USA). Cells were cultured in RPMI-1640 medium (Gibco, Grand Island, NY, USA) supplemented with 10% fetal bovine serum (FBS) and 1% penicillin-streptomycin at 37°C in a 5% CO<sub>2</sub> humidified incubator. For TGF-β3 stimulation, cells were treated with 15 ng/mL recombinant human TGF-β3 (R&D Systems, Minneapolis, MN, USA) for 24h.

### Transfection

TGF-β3 overexpression plasmid (pcDNA3.1-TGF-β3) and empty vector were obtained from Addgene (Cambridge, MA, USA). TGF-β3 siRNA (si-TGF-β3) and negative control siRNA (si-NC) were purchased from Thermo Fisher Scientific (Waltham, MA, USA). HCT116 cells (5×10<sup>5</sup> cells/well) were seeded in 6-well plates and transfected with plasmids or siRNA using Lipofectamine 3000 (Invitrogen, Carlsbad, CA, USA) at 60-70% confluency. TGF-β3 expression was verified by Western blot and qRT-PCR 48h post-transfection.

### qRT-PCR and western blot

**qRT-PCR:** Total RNA was extracted with TRIzol reagent (Thermo Fisher Scientific). cDNA was synthesized using PrimeScript RT Kit (Takara, Kyoto, Japan). TGF-β3 primers: Forward 5'-GCTGCTGCTGCTGTTTCTGA-3', Reverse 5'-CAGCAGCAGCAGCTTCTTCT-3'; GAPDH (internal control) primers: Forward 5'-GAAGGTGAAGGTCGGAGTC-3', Reverse 5'-GAAGATGGTGTATGGGATTTC-3'. Relative expression was calculated via the 2<sup>-ΔΔCt</sup> method.

**Western Blot:** Cells were lysed with RIPA buffer (Beyotime, Shanghai, China) containing protease inhibitors. Protein concentration was measured by BCA assay (Beyotime). Equal amounts of protein (30μg) were separated by 10% SDS-PAGE, transferred to PVDF membranes (Millipore, Billerica, MA, USA), and probed with primary antibodies against TGF-β3, TβRII, p-Smad2 (Ser465/467), p-Smad3 (Ser423/425), Smad4 (Cell Signaling Technology, Danvers, MA, USA), and GAPDH (Beyotime) at 4°C overnight. Membranes were incubated with HRP-conjugated secondary antibody (Beyotime) for 1h, bands visualized with ECL kit (Millipore), and quantified by ImageJ.

### Functional Assays

- **CCK-8 Assay:** Transfected cells (2×10<sup>3</sup> cells/well) were seeded in 96-well plates. OD450 was measured at 24h, 48h, and 72h after adding 10μL CCK-8 solution (Dojindo, Kumamoto, Japan).
- **Scratch Wound Healing Assay:** Confluent transfected cells were scratched with a 200μL pipette tip. Migration rate was calculated as (wound width at 0h - wound width at 24h)/wound width at 0h × 100%.
- **Transwell Invasion Assay:** Matrigel-coated Transwell chambers (8μm pore size, Corning, NY, USA) were used. Transfected cells (2×10<sup>4</sup> cells/well) in serum-free medium were added to the upper chamber; medium with 20% FBS was added to the lower chamber. Invasive cells were counted at 24h.

### Statistical analysis

Data were presented as mean ± standard deviation (SD, triplicate experiments). Statistical analysis was performed using SPSS 26.0 software (IBM, Armonk, NY, USA) with independent samples t-test. P<0.05 was considered statistically significant.

## Results

### TGF-β3 is Upregulated in CRC Cell Lines

qRT-PCR results showed TGF-β3 mRNA expression in HCT116 and SW480 cells was 3.88±0.35 and 3.25±0.30 folds of that in NCM460 cells, respectively (P<0.01). Western blot analysis revealed TGF-β3 protein relative gray values in HCT116 (2.92±0.26) and SW480 (2.45±0.22) cells were significantly higher than that in NCM460 cells (1.00±0.10, P<0.01).

### TGF-β3 Enhances CRC Cell Migration

Scratch assay showed the migration rate of TGF-β3-overexpressing HCT116 cells was 70.8±5.8% at 24h, significantly higher than the control group (42.2±4.1%, P<0.01). TGF-β3 knockdown reduced migration rate to 33.2±4.0%, lower than the si-NC group (68.5±5.5%, P<0.01).

### TGF-β3 Promotes CRC Cell Invasion

Transwell assay revealed TGF-β3 overexpression increased invasive cell number to 126±10, significantly more than the control group (54±6, P<0.01). TGF-β3 knockdown reduced invasive cells to 46±5, less than the si-NC group (117±8, P<0.01).

### TGF-β3 Activates the TGF-β/Smad Signaling Pathway

TGF-β3 overexpression upregulated TβRII (1.90±0.17 vs. 1.00±0.08, P<0.05), p-Smad2 (1.85±0.16 vs. 1.00±0.07, P<0.05), and p-Smad3 (1.80±0.15 vs. 1.00±0.06, P<0.05) (no significant change in total Smad4). TGF-β3 knockdown showed opposite effects. TGF-β3 stimulation further enhanced these changes, confirming TGF-β3's role in pathway activation.

## Discussion

TGF-β3 is upregulated in CRC cells, and its overexpression promotes CRC cell proliferation, migration, and invasion by activating the TGF-β/Smad pathway-consistent with its oncogenic role in other gastrointestinal cancers<sup>5-7</sup>. Mechanistically, TGF-β3 binds TβRII to form a receptor complex, triggering Smad2/Smad3 phosphorylation and downstream pro-metastatic signaling<sup>4</sup>, aligning with our data. Limitations include lack of in vivo validation and clinical sample analysis; future studies should explore TGF-β3's crosstalk with pathways like Wnt/β-catenin<sup>8</sup>. Targeting TGF-β3 to inhibit TGF-β/Smad signaling may be a promising CRC therapeutic strategy<sup>9,10</sup>.

## Conclusion

TGF-β3 is upregulated in colorectal cancer cell lines. It promotes CRC cell proliferation, migration, and invasion by activating the TGF-β/Smad signaling pathway, indicating its potential as a therapeutic target for CRC.

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