

## Study Report on Natural Hair Growth and Facial Serum Remedies

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### 1. Objective

To evaluate the efficacy of plant-based remedies for promoting hair growth, improving hair health and addressing skin concerns through scientifically-backed and traditional herbal ingredients.

### 2. Hair Growth Study

#### 2.1. Background

Hair loss and thinning affect millions globally due to factors such as stress, hormonal imbalance and environmental damage. Utilizing ancient herbal wisdom combined with modern insights, this study explores a unique formulation for natural hair regrowth and improved scalp health.



### 3. Ingredient List and Properties

#### 3.1. Concentrated ingredients

- i. Emu Oil - Penetrates scalp deeply, reduces dryness, stimulates dormant follicles.
- ii. Sea Moss - Provides essential minerals, strengthens strands, reduces shedding.
- iii. Lavender - Increases follicle depth, antimicrobial, reduces dandruff.
- iv. Aloe Vera - Repairs dead skin cells, hydrates, enhances elasticity.
- v. Lecithin - Moisturizes, strengthens brittle hair.
- vi. Vetiver Root - Improves blood circulation, soothes inflammation.
- vii. Licorice Root - Soothes scalp, prevents hair loss.
- viii. Hibiscus Flowers - Antioxidants boost growth and prevent graying.
- ix. Curry Leaves - High in beta-carotene and proteins, reduces thinning.
- x. Rose Petals - Adds shine, soothes infections.
- xi. Sema Flowers - Strengthens strands and prevents split ends.
- xii. Spanish Cherry Flower - Antimicrobial, strengthens roots.
- xiii. Screw Tree Pods - Hydrates and strengthens hair strands.
- xiv. Sweet Flag - Protects from fungal infections, adds luster.
- xv. Dried Amla Berry - Prevents graying, strengthens follicles.

- xvi. Myrobalan - Antioxidants improve hair growth.
- xvii. Black Cumin Seeds - Reduces inflammation, prevents breakage.
- xviii. Fenugreek Seeds - Hydrates scalp, combats dandruff.
- xix. Alkanet - Enhances circulation, adds shine.
- xx. White Turmeric - Reduces dandruff and inflammation.
- xxi. Babchi Seeds - Strengthens hair roots, prevents graying.
- xxii. Neem Seeds - Protects from infections, reduces thinning.
- xxiii. Henna Seeds - Adds volume, prevents dandruff.
- xxiv. Hemp Seed Oil - Moisturizes and boosts circulation.



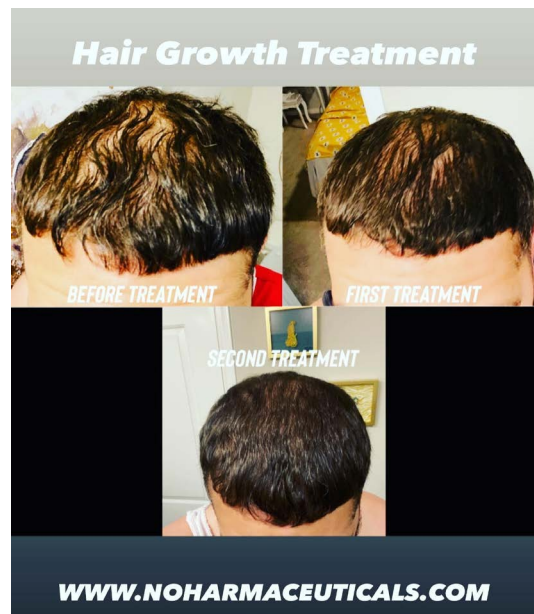
### 3.2. Methodology

- Participants: 3 individuals (including the researcher).
- Regimen: Application of the oil as a hair mask for 30 minutes daily, with a shower cap for heat retention, followed by washing.



### 4. Findings

- **Researcher's Observations:** After three treatments, visible improvement in hair thickness, shine and health. Regrowth noticed within a month, particularly along a receding hairline.
- **Participant 1:** Reported eyebrow thickening after two weeks. Esthetician observed significant results without prior knowledge of the serum.
- **Participant 2:** Noted improved hair density within three weeks. Hairstylist corroborated findings.



### 5. Conclusion

The herbal hair oil demonstrated rapid improvement in hair health and growth. Both personal and external feedback confirmed its efficacy, supporting its potential as a natural alternative to synthetic treatments. Facial Serum Study.

#### 5.1. Ingredients and benefits

- Sea Moss - Hydrates skin, provides minerals and promotes collagen production.
- Lavender - Soothes irritation, reduces acne-causing bacteria.
- Hemp Seed Oil - Balances oil production, reduces inflammation.
- Aloe Vera - Speeds up healing, hydrates and combats aging.
- Calendula - Reduces puffiness, promotes collagen production.
- Life Everlasting (*Helichrysum italicum*) - Fades scars, shields from oxidative damage.

### 6. Case Study

#### 6.1. Researcher's observations

- **Condition Treated:** Micellar folliculitis on the chest.
- **Method:** Daily application post-shower using a cotton pad.
- **Results:** After two weeks, inflammation reduced by 50%. Full resolution achieved in just over a month, surpassing results from prior prescription treatments.

#### 6.2. Impact and inspiration

The results from these studies not only addressed the researcher's and participants' conditions but also highlighted the potential for plant-based remedies to serve as effective alternatives for various health concerns. The success inspired the launch of NOHARMACEUTICALS and the publication of the book, "Make Your Own Affordable Ancient Potent Herbal Medicine and Edibles."

#### 6.3. NOHARMACEUTICALS: The visionary brand

Founded by Brandon Williams, NOHARMACEUTICALS bridges ancient herbal wisdom and modern science to provide

accessible, affordable natural remedies. Its mission is to empower communities to embrace holistic healing through education and innovative products.

Core Values:

- Accessibility of plant-based healing.
- Community education and empowerment.
- Sustainable, science-backed formulations.

#### **6.4. Concluding notes**

These studies exemplify how natural ingredients, rooted in ancient tradition, can meet modern wellness needs. The work of Brandon Williams and Ryan Nicholas, Ph.D., sets a precedent for innovation in alternative medicine, encouraging a movement towards holistic health solutions.