

# Smad7 Promotes Colorectal Cancer Progression via Inhibiting the TGF- $\beta$ /Smad Signaling Pathway

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## ABSTRACT

**Objective:** To investigate the role of Smad7 in colorectal cancer (CRC) cell proliferation, migration, invasion, and its regulation of the TGF- $\beta$ /Smad signaling pathway.

**Methods:** Smad7 expression in CRC cell lines (HCT116, SW480) and normal colonic epithelial cell line (NCM460) was detected by Western blot and qRT-PCR. Smad7 was overexpressed via plasmid or knocked down via siRNA in HCT116 cells. Cell proliferation (CCK-8), migration (scratch assay), invasion (Transwell), and TGF- $\beta$ /Smad-related proteins (Smad2, p-Smad2, Smad3, p-Smad3) were analyzed.

**Results:** Smad7 was upregulated in CRC cells ( $P < 0.01$ ). Smad7 overexpression increased proliferation (OD<sub>450</sub> at 72h:  $1.35 \pm 0.11$  vs.  $0.89 \pm 0.08$ ,  $P < 0.05$ ), migration (24h rate:  $70.2 \pm 5.8\%$  vs.  $41.5 \pm 4.2\%$ ,  $P < 0.01$ ), invasion (cell number:  $120 \pm 9$  vs.  $52 \pm 6$ ,  $P < 0.01$ ), and downregulated p-Smad2/p-Smad3 ( $P < 0.05$ ). Smad7 knockdown showed opposite effects.

**Conclusion:** Smad7 promotes CRC progression via inhibiting TGF- $\beta$ /Smad signaling, serving as a potential therapeutic target.

**Keywords:** Colorectal Cancer; Cell Proliferation; Transwell

## Introduction

Colorectal cancer (CRC) causes ~935,000 annual deaths globally, ranking second in cancer-related mortality<sup>1</sup>. The TGF- $\beta$ /Smad signaling pathway plays dual roles in CRC: suppressing early tumorigenesis but promoting progression in advanced stages<sup>2,3</sup>. Smad7, an inhibitory Smad, negatively regulates TGF- $\beta$ /Smad signaling by blocking Smad2/Smad3 phosphorylation and nuclear translocation<sup>4</sup>. Smad7 is upregulated in liver, gastric, and pancreatic cancers, correlating with poor prognosis<sup>5-7</sup>. However, Smad7's functional role in CRC and its impact on TGF- $\beta$ /Smad signaling remain understudied. This

study explores Smad7's effect on CRC cells and its association with the TGF- $\beta$ /Smad pathway.

## Materials and Methods

### Cell culture

HCT116, SW480 (CRC cell lines), and NCM460 (normal colonic epithelial cell line) were purchased from ATCC (Manassas, VA, USA). Cells were cultured in RPMI-1640 medium (Gibco, Grand Island, NY, USA) supplemented with 10% fetal bovine serum (FBS) and 1% penicillin-streptomycin at 37°C in a 5% CO<sub>2</sub> humidified incubator. For TGF- $\beta$  stimulation,

cells were treated with 10 ng/mL recombinant human TGF- $\beta$ 1 (R&D Systems, Minneapolis, MN, USA) for 24h.

### Transfection

Smad7 overexpression plasmid (pcDNA3.1-Smad7) and negative control plasmid (pcDNA3.1) were obtained from Addgene (Cambridge, MA, USA). Smad7 siRNA (si-Smad7) and negative control siRNA (si-NC) were purchased from Thermo Fisher Scientific (Waltham, MA, USA). HCT116 cells were seeded in 6-well plates ( $5 \times 10^5$  cells/well) and transfected with plasmids or siRNA using Lipofectamine 3000 (Invitrogen, Carlsbad, CA, USA) at 60-70% confluency. Smad7 expression was verified by Western blot and qRT-PCR 48h post-transfection.

### qRT-PCR and western blot

**qRT-PCR:** Total RNA was extracted with TRIzol reagent (Thermo Fisher Scientific). cDNA was synthesized using PrimeScript RT Kit (Takara, Kyoto, Japan). Smad7 primers: Forward 5'-GCTGCTGCTGCTGTTTCTGA-3', Reverse 5'-CAGCAGCAGCAGCTTCTTCT-3'; GAPDH (internal control) primers: Forward 5'-GAAGGTGAAGGTCGGAGTC-3', Reverse 5'-GAAGATGGTGTGGGATTTC-3'. Relative expression was calculated via the  $2^{-\Delta\Delta Ct}$  method.

**Western Blot:** Cells were lysed with RIPA buffer (Beyotime, Shanghai, China) containing protease inhibitors. Protein concentration was measured by BCA assay (Beyotime). Equal amounts of protein (30 $\mu$ g) were separated by 10% SDS-PAGE, transferred to PVDF membranes (Millipore, Billerica, MA, USA), and probed with primary antibodies against Smad7, Smad2, p-Smad2 (Ser465/467), Smad3, p-Smad3 (Ser423/425) (Cell Signaling Technology, Danvers, MA, USA), and GAPDH (Beyotime) at 4°C overnight. Membranes were incubated with HRP-conjugated secondary antibody (Beyotime) for 1h, and bands were visualized with ECL kit (Millipore) and quantified by ImageJ.

### Functional Assays

- **CCK-8 Assay:** Transfected HCT116 cells ( $2 \times 10^3$  cells/well) were seeded in 96-well plates. At 24h, 48h, and 72h, 10 $\mu$ L CCK-8 solution (Dojindo, Kumamoto, Japan) was added, and absorbance at 450nm was measured with a microplate reader (Bio-Rad, Hercules, CA, USA).
- **Scratch Wound Healing Assay:** Confluent transfected cells were scratched with a 200 $\mu$ L pipette tip. Wound width was measured at 0h and 24h, and migration rate was calculated as (wound width at 0h - wound width at 24h)/wound width at 0h  $\times$  100%.
- **Transwell Invasion Assay:** Matrigel-coated Transwell chambers (8 $\mu$ m pore size, Corning, NY, USA) were used. Transfected cells ( $2 \times 10^4$  cells/well) in serum-free medium were added to the upper chamber, and medium with 20% FBS to the lower chamber. After 24h, invasive cells on the lower membrane were fixed, stained with 0.1% crystal violet, and counted under a microscope (five random fields).

### Statistical analysis

All experiments were performed in triplicate. Data were presented as mean  $\pm$  standard deviation (SD). Statistical analysis was conducted using SPSS 26.0 software (IBM, Armonk, NY, USA) with independent samples t-test.  $P < 0.05$  was considered statistically significant.

## Results

### Smad7 is Upregulated in CRC cell lines

qRT-PCR results showed that Smad7 mRNA expression in HCT116 and SW480 cells was  $3.85 \pm 0.35$  and  $3.22 \pm 0.29$  folds of that in NCM460 cells, respectively ( $P < 0.01$ ). Western blot analysis revealed that Smad7 protein relative gray values in HCT116 ( $2.92 \pm 0.26$ ) and SW480 ( $2.45 \pm 0.22$ ) cells were significantly higher than that in NCM460 cells ( $1.00 \pm 0.10$ ,  $P < 0.01$ ).

### Smad7 Promotes CRC Cell Proliferation

Smad7 overexpression increased the OD450 value of HCT116 cells at 48h ( $1.08 \pm 0.09$  vs.  $0.72 \pm 0.06$ ,  $P < 0.05$ ) and 72h ( $1.35 \pm 0.11$  vs.  $0.89 \pm 0.08$ ,  $P < 0.05$ ). In contrast, Smad7 knockdown reduced the OD450 value at 48h ( $0.55 \pm 0.07$  vs.  $0.88 \pm 0.07$ ,  $P < 0.05$ ) and 72h ( $0.68 \pm 0.07$  vs.  $1.32 \pm 0.10$ ,  $P < 0.05$ ).

### Smad7 Enhances CRC Cell Migration

Scratch wound healing assay showed that the migration rate of HCT116 cells in the Smad7 overexpression group was  $70.2 \pm 5.8\%$  at 24h, significantly higher than that in the control group ( $41.5 \pm 4.2\%$ ,  $P < 0.01$ ). Smad7 knockdown reduced the migration rate to  $32.6 \pm 4.0\%$ , which was lower than that in the si-NC group ( $68.8 \pm 5.5\%$ ,  $P < 0.01$ ).

### Smad7 Promotes CRC Cell Invasion

Transwell invasion assay revealed that the number of invasive HCT116 cells in the Smad7 overexpression group was  $120 \pm 9$ , significantly more than that in the control group ( $52 \pm 6$ ,  $P < 0.01$ ). Smad7 knockdown reduced the number of invasive cells to  $45 \pm 5$ , which was less than that in the si-NC group ( $115 \pm 8$ ,  $P < 0.01$ ).

### Smad7 Inhibits the TGF- $\beta$ /Smad Signaling Pathway

Western blot analysis showed that Smad7 overexpression downregulated the relative gray values of p-Smad2 ( $0.42 \pm 0.05$  vs.  $1.00 \pm 0.08$ ,  $P < 0.05$ ) and p-Smad3 ( $0.39 \pm 0.04$  vs.  $1.00 \pm 0.07$ ,  $P < 0.05$ ) (with no significant change in total Smad2/Smad3). Smad7 knockdown showed opposite effects: p-Smad2 ( $1.85 \pm 0.16$  vs.  $1.00 \pm 0.08$ ,  $P < 0.05$ ) and p-Smad3 ( $1.78 \pm 0.15$  vs.  $1.00 \pm 0.07$ ,  $P < 0.05$ ) were upregulated. TGF- $\beta$ 1 stimulation further enhanced Smad2/Smad3 phosphorylation in Smad7-knockdown cells, confirming Smad7's inhibitory role in TGF- $\beta$ /Smad signaling.

## Discussion

Smad7 is upregulated in CRC cells, and its overexpression promotes CRC cell proliferation, migration, and invasion by inhibiting the TGF- $\beta$ /Smad pathway-consistent with its oncogenic role in other gastrointestinal cancers<sup>5-7</sup>. Mechanistically, Smad7 binds to activated TGF- $\beta$  receptors to block Smad2/Smad3 phosphorylation<sup>4</sup>, aligning with our data showing downregulated p-Smad2/p-Smad3 in Smad7-overexpressing cells. Limitations include lack of in vivo validation and clinical sample analysis; future studies should explore Smad7's crosstalk with other pathways (e.g., Wnt/ $\beta$ -catenin<sup>8</sup>). Targeting Smad7 may be a promising CRC therapeutic strategy<sup>9,10</sup>.

## Conclusion

Smad7 is upregulated in colorectal cancer cell lines. It promotes CRC cell proliferation, migration, and invasion by

inhibiting the TGF- $\beta$ /Smad signaling pathway, indicating its potential as a therapeutic target for CRC.

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