DOI: doi.org/10.51219/MCCRJ/Houhong-Wang/359



# Medical & Clinical Case Reports Journal

https://urfpublishers.com/journal/case-reports

Vol: 3 & Iss: 3

Research Article

# FZD<sub>5</sub> Promotes Colorectal Cancer Progression by Activating Wnt/β-Catenin Signaling and Stemness-Associated Genes

Houhong Wang\*

Department of General Surgery, The Affiliated Bozhou Hospital of Anhui Medical University, China

Citation: Wang H. FZD5 Promotes Colorectal Cancer Progression by Activating Wnt/β-Catenin Signaling and Stemness-Associated Genes. *Medi Clin Case Rep J* 2025;3(3):1297-1299. DOI: doi.org/10.51219/MCCRJ/Houhong-Wang/359

Received: 14 October, 2024; Accepted: 19 November, 2024; Published: 24 December, 2024

\*Corresponding author: Houhong Wang. Department of General Surgery, The Affiliated Bozhou Hospital of Anhui Medical University, China

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# ABSTRACT

Objective: To investigate the role of FZD5 (Frizzled-5, a core receptor of Wnt/ $\beta$ -catenin pathway) in colorectal cancer (CRC) cell proliferation, migration, invasion and its regulatory effect on Wnt signaling.

Methods: FZD5 expression (total and membrane-bound) was detected in CRC cell lines (HCT116, SW480) and normal colonic epithelial cell line (NCM460) by Western blot and qRT-PCR. FZD5 was overexpressed via plasmid (pcDNA3.1-FZD5) or knocked down via siRNA in HCT116 cells. Cell proliferation (CCK-8), migration (scratch assay), invasion (Transwell), sphere formation (stemness assay) and Wnt/ $\beta$ -catenin-related proteins (active  $\beta$ -catenin, GSK-3 $\beta$ , CD44) were analyzed.

Results: FZD5 was upregulated in CRC cells compared with NCM460 (P<0.01), with higher membrane-bound FZD5 and active  $\beta$ -catenin levels in metastatic SW480. FZD5 overexpression increased HCT116 cell proliferation (OD450 at 72h: 1.49±0.14 vs. 0.97±0.10, P<0.05), migration rate (75.5±6.3% vs. 47.8±4.8%, P<0.01), invasive cell number (142±12 vs. 62±7, P<0.01) and sphere formation efficiency (3.1±0.3 folds vs. control, P<0.01), while enhancing active  $\beta$ -catenin accumulation, GSK-3 $\beta$  phosphorylation and CD44 expression (P<0.05). FZD5 knockdown showed opposite effects.

Conclusion: FZD5 promotes CRC progression by activating Wnt/ $\beta$ -catenin signaling and regulating stemness/pro-metastatic genes, serving as a potential therapeutic target.

Keywords: FZD5 (Frizzled-5); Colorectal Cancer; Wnt signaling; Transwell

# Introduction

Colorectal cancer (CRC) is a leading cause of cancer-related mortality globally, with  $\sim 935,000$  annual deaths<sup>1</sup>. The Wnt/ $\beta$ -catenin pathway is constitutively activated in over 85% of CRC cases and its activation requires the formation of a ternary complex: Wnt ligands, Frizzled (FZD) receptors and LRP5/6 co-receptors<sup>2</sup>. FZD5, a member of the FZD family, is

preferentially expressed in gastrointestinal tumors and plays a critical role in Wnt signal transduction: upon binding Wnt ligands (e.g., Wnt5a, Wnt8a), FZD5 recruits LRP5/6 to the cell membrane, inhibits GSK-3β-mediated β-catenin degradation and drives transcription of target genes (e.g., CD44, c-Myc) involved in stem cell maintenance, cell invasion and angiogenesis<sup>3,4</sup>. Clinical studies have shown elevated FZD5 expression in CRC tissues, correlating with tumor stage, lymph node metastasis

and reduced 5-year survival<sup>5,6</sup>. However, FZD5's functional role in CRC cell behaviors and its mechanism of regulating Wnt/β-catenin activation remain to be fully clarified. This study uses CRC cell lines to verify FZD5's effect on tumor progression and its association with Wnt signaling.

# **Materials and Methods**

# Cell culture

HCT116 (low-metastatic CRC), SW480 (high-metastatic CRC) and NCM460 (normal colonic epithelial) cells were purchased from ATCC (Manassas, VA, USA). Cells were cultured in RPMI-1640 medium (Gibco, Grand Island, NY, USA) supplemented with 10% fetal bovine serum (FBS) and 1% penicillin-streptomycin at 37°C in a 5% CO<sub>2</sub> incubator. For Wnt signaling stimulation, cells were treated with 200 ng/mL Wnt5a (R&D Systems, Minneapolis, MN, USA) for 24h.

# **Transfection**

FZD5 overexpression plasmid (pcDNA3.1-FZD5) and empty vector were obtained from Addgene (Cambridge, MA, USA). FZD5 siRNA (si-FZD5) and negative control siRNA (si-NC) were purchased from Thermo Fisher Scientific (Waltham, MA, USA). HCT116 cells (5×10<sup>5</sup> cells/well) were seeded in 6-well plates and transfected with plasmids/siRNA using Lipofectamine 3000 (Invitrogen, Carlsbad, CA, USA) at 60-70% confluency. FZD5 expression was verified by Western blot and qRT-PCR 48h post-transfection.

## qRT-PCR and western blot

**qRT-PCR:** Total RNA was extracted with TRIzol reagent (Thermo Fisher Scientific). cDNA was synthesized using PrimeScript RT Kit (Takara, Kyoto, Japan). FZD5 primers: Forward 5'-ATGGAACCGGAGTACGAGAA-3', Reverse 5'-TCAGCTGCTTCTCGTTGCTT-3'; target genes (CD44, c-Myc) and GAPDH (internal control) primers were designed based on NCBI sequences. Relative expression was calculated via the 2'ΔΔCt method.

Western blot: Total and membrane proteins were extracted using Membrane Protein Extraction Kit (Beyotime, Shanghai, China). Equal amounts of protein (30μg) were separated by 10% SDS-PAGE, transferred to PVDF membranes (Millipore, Billerica, MA, USA) and probed with primary antibodies against FZD5 (total/membrane), active β-catenin, p-GSK-3β (Ser9), CD44 (Cell Signaling Technology, Danvers, MA, USA), Na $^+$ /K $^+$ -ATPase (membrane loading control) and GAPDH (total protein control, Beyotime) at 4°C overnight. Bands were visualized with ECL kit and quantified by ImageJ.

# **Functional assays**

- CCK-8 Assay: Transfected cells (2×10³ cells/well) were seeded in 96-well plates. OD450 was measured at 24h, 48h and 72h after adding 10μL CCK-8 solution (Dojindo, Kumamoto, Japan).
- Scratch Assay: Confluent cells were scratched with a  $200\mu$ L pipette tip. Migration rate was calculated as (wound width at 0h wound width at 24h)/wound width at 0h × 100%.
- Transwell invasion assay: Matrigel-coated Transwell chambers (8μm pore size, Corning, NY, USA) were used. Transfected cells (2×10<sup>4</sup> cells/well) in serum-free medium

were added to the upper chamber; medium with 20% FBS was added to the lower chamber. Invasive cells were counted at 24h.

**Sphere formation assay:** Cells  $(1\times10^3 \text{ cells/well})$  were seeded in ultra-low attachment 6-well plates with stem cell medium (DMEM/F12 + 20 ng/mL EGF + 20 ng/mL bFGF +  $1\times$  B27). Spheres (>50  $\mu$ m) were counted after 7 days.

# Statistical analysis

Data were presented as mean  $\pm$  standard deviation (SD, n=3). Statistical analysis was performed using SPSS 26.0 software (IBM, Armonk, NY, USA) with independent samples t-test. P<0.05 was considered statistically significant.

#### Results

#### FZD5 is upregulated in CRC cell lines

qRT-PCR showed FZD5 mRNA expression in HCT116/SW480 was  $4.48\pm0.42/5.35\pm0.49$  folds of NCM460 (P<0.01). Western blot revealed total FZD5 protein in HCT116 (3.25 $\pm0.29$ ) and SW480 (4.18 $\pm0.37$ ) was significantly higher than NCM460 (1.00 $\pm0.10$ , P<0.01); membrane-bound FZD5 and active  $\beta$ -catenin levels were further elevated in SW480 (2.38 $\pm0.22$  and 2.32 $\pm0.21$  folds of HCT116, P<0.05).

#### FZD5 promotes CRC cell proliferation

FZD5 overexpression increased HCT116 cell OD450 at 48h ( $1.25\pm0.12$  vs.  $0.82\pm0.08$ , P<0.05) and 72h ( $1.49\pm0.14$  vs.  $0.97\pm0.10$ , P<0.05). FZD5 knockdown reduced OD450 at 48h ( $0.68\pm0.07$  vs.  $0.95\pm0.09$ , P<0.05) and 72h ( $0.81\pm0.08$  vs.  $1.42\pm0.13$ , P<0.05). Wnt5a stimulation enhanced proliferation in FZD5-overexpressing cells (OD450 at 72h:  $1.75\pm0.16$  vs.  $1.49\pm0.14$ , P<0.05).

# FZD5 enhances CRC cell migration and invasion

FZD5 overexpression increased HCT116 cell migration rate to 75.5 $\pm$ 6.3% (vs. 47.8 $\pm$ 4.8% in control, P<0.01) and invasive cell number to 142 $\pm$ 12 (vs. 62 $\pm$ 7 in control, P<0.01). FZD5 knockdown reduced migration rate to 38.5 $\pm$ 4.6% (vs. 73.2 $\pm$ 6.0% in si-NC, P<0.01) and invasive cell number to 55 $\pm$ 6 (vs. 128 $\pm$ 10 in si-NC, P<0.01).

# FZD5 maintains CRC cell stemness

FZD5 overexpression increased HCT116 cell sphere formation efficiency to  $3.1\pm0.3$  folds of control (P<0.01) and upregulated CD44 ( $2.02\pm0.19$  vs.  $1.00\pm0.09$ , P<0.05). FZD5 knockdown reduced sphere formation efficiency to  $0.38\pm0.09$  folds of si-NC (P<0.01) and downregulated CD44 ( $0.40\pm0.04$  vs.  $1.00\pm0.09$ , P<0.05).

# FZD5 activates Wnt/β-catenin signaling

FZD5 overexpression increased membrane-bound FZD5 (2.45 $\pm$ 0.23 vs. 1.00 $\pm$ 0.09, P<0.05), active  $\beta$ -catenin (2.38 $\pm$ 0.22 vs. 1.00 $\pm$ 0.08, P<0.05), p-GSK-3 $\beta$  (2.25 $\pm$ 0.21 vs. 1.00 $\pm$ 0.08, P<0.05) and c-Myc (2.05 $\pm$ 0.19 vs. 1.00 $\pm$ 0.08, P<0.05). FZD5 knockdown showed opposite effects: membrane-bound FZD5, active  $\beta$ -catenin, p-GSK-3 $\beta$  and c-Myc decreased (P<0.05), while total GSK-3 $\beta$  increased (P<0.05).

#### **Discussion**

This study confirms FZD5 is upregulated in CRC cells and its overexpression promotes proliferation, migration, invasion

and stemness by activating Wnt/β-catenin signaling—consistent with its oncogenic role in gastric and pancreatic cancer<sup>7,8</sup>. Mechanistically, FZD5 localizes to the cell membrane, forms a complex with Wnt ligands and LRP5/6, induces GSK-3β phosphorylation (inhibiting its activity), reduces β-catenin degradation and drives transcription of stemness markers (e.g., CD44) and pro-oncogenic genes (e.g., c-Myc)<sup>4</sup>, which enhances CRC's malignant potential. Limitations include lack of in vivo validation; future studies should explore FZD5's crosstalk with the Hippo-YAP pathway in CRC<sup>9</sup>, as both pathways are critical for gastrointestinal tumor progression. Targeting FZD5 (e.g., via small-molecule inhibitors blocking FZD5-Wnt interaction) may be a promising strategy for CRC treatment [10].

#### **Conclusion**

FZD5 is upregulated in colorectal cancer cell lines and promotes CRC progression by activating Wnt/ $\beta$ -catenin signaling and regulating stemness/pro-metastatic genes, highlighting its potential as a therapeutic target for CRC.

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